

HEALTH AND WELL-BEING BOARD

27 SEPTEMBER 2022

HEREFORDSHIRE AND WORCESTERSHIRE LEARNING FROM LIVES AND DEATHS- PEOPLE WITH LEARNING DISABILITY AND AUTISTIC PEOPLE (HW LEDER) ANNUAL REPORT 2021/22

Board Sponsor

Dr Sarah Raistrick, Non-Executive Member for Health Inequalities, Sustainability and Engagement, NHS Herefordshire and Worcestershire ICB

Author

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Priorities

Mental health & well-being	Yes
Being Active	Yes
Reducing harm from Alcohol	No
Other (specify below)	

Safeguarding

Impact on Safeguarding Children If yes please give details	No
Impact on Safeguarding Adults If yes please give details	No

Item for Decision, Consideration or Information

Information and assurance

Recommendation

- 1. The Health and Well-being Board is asked to:**
 - a) Note the content of the HW LeDeR Annual Report for 2021/22 including progress against 2021/22 priorities.**
 - b) Note the publication of a 3 Year LeDeR Strategy during 2022, priorities in progress during 2022/23 and existing arrangements for the quarterly reporting of progress against agreed priorities.**
 - c) Note the next steps, to include the priority areas of focus for the remainder of 2022/23 and 2023/24.**

Background

2. People with a Learning Disability (LD) and autistic people continue to be amongst the most marginalised individuals within our local communities and experience some of the greatest health inequalities. The latest available national data confirms that the median age of death is 61 years, having only marginally improved by 1 year since the LeDeR programme began in 2017.

3. LeDeR is a national service improvement programme commissioned by NHS England. The programme was developed following a recommendation of the Confidential Inquiry into the Premature Deaths of People with Learning Disability published in 2013. The programme roll-out was phased across England and commenced in the Midlands during late 2017. The purpose of the programme is to retrospectively review the deaths of people with a learning disability, and since January 2022 the deaths of autistic people, in order to identify learning that can inform system change to prevent premature death and reduce health inequality.

4. The HW LeDeR Annual Report for 2021/22 is our third report of this nature. It outlines how as a collaborative partnership we have learnt from the outcomes of reviews and started to influence the shaping of services to achieve improvements in outcomes.

Key points of learning from 2021/22 data about the lives and deaths of people with a Learning Disability within our Integrated Care System

5. During 2021/22 insight was gained from the detail included within 52 notifications of death to HW LeDeR and 39 LeDeR reviews completed between 1 April 2021 and 31 March 2022. Some comparisons have been made with the latest available data from the national LeDeR report that publishes data for the calendar year 2021.

- In HW 46% of deaths were for people aged 65 or older. Across England this figure was 39%
- In HW 50% of people died in an acute hospital bed. Across England 61% died in an acute hospital bed.
- In HW for the calendar year of 2021 10% of all deaths reported to LeDeR were for COVID-19. Across England this figure was 20% of all notifications. This variance may be attributed to the HW ICS decision to support all people with LD living in a care setting to be vaccinated alongside older people in care settings.
- Reviews reflected very low numbers of people who had smoked or drank alcohol to excess.
- Late stage diagnosis of cancer continues to be too common.
- Annual Health Check-Learning Disability (AHC-LD) uptake has significantly improved. Those reviewed who had not been offered or engaged in an AHC were more likely to be living in non-LD specific Nursing Homes or living with a mild learning disability.
- Those who died from cardiovascular related disease were more likely to have a high Body Mass Index. Those with a high Body Mass index were more likely to be women with a mild or moderate learning disability.

Integrated Care System priority progress and achievements during 2021/22 to improve outcomes for people with a learning disability

- Annual Health Check-LD uptake again exceeded the national target (80% against a national revised target of 70%). This is important because the AHC provides vital opportunities to coordinate health and social care input, to check that cancer screening, vaccinations and other interventions are in place or to enable engagement to be supported.
- COVID vaccination uptake rate exceeded 90% and was comparable to the general population. An improvement in the uptake of flu vaccination, albeit marginal, was also apparent.
- Awareness raising events were held to share knowledge about the importance of good bowel health and break down barriers to having open conversations. Processes were put into place to ensure care workers know how best to support those who experience chronic constipation or who are eligible for bowel cancer screening.
- Public Health facilitated 'reasonable adjustment' education and specialist advocacy support for Lifestyle Advisor teams. This enabled healthy lifestyle and weight management services to provide personalised and effective support to people with a learning disability.

6. During 2021/22 we published a 3 year HW LeDeR Strategy [HW LeDeR Strategy 2022-2025 \(herefordshireandworcestershireccg.nhs.uk\)](https://www.herefordshireandworcestershireccg.nhs.uk) which sets out the collaborative and coproduced nature of our programme of work and includes the actions that we are taking during 2022/23. Areas of focus include:

- Annual Health Check uptake (particularly for 14-24 year olds and a core group of underserved individuals) and quality
- Mental Capacity assessment and Best Interest decision awareness
- Awareness and support to encourage the coproduction of ReSPECT plans
- Bowel cancer screening uptake

7. Progress against agreed actions is reported on a quarterly basis to NHS England, the ICS LDA Tackling Health Inequalities Board and the ICS LDA Assurance Board. AHC-LD uptake is also reported via the ICS Health Inequalities Collaborative dashboard. An annual plan for 2023/24 will be developed by January 2023.

Next steps

8. Coproduction through all layers of the Learning Disability and Autism programme has identified the following key priorities for the remainder of 2022/23 and into 2023/24:

- Uptake of COVID-19, Flu and Pneumococcal vaccination
- A continued focus on Annual Health Check uptake with an additional focus on strengthening quality and reducing variation

- Increasing the uptake of cancer screening and promoting good bowel health, building on the work commenced with bowel cancer screening.

9. During 2022/23 LeDeR reviews for autistic people without a learning disability will be completed for the first time. This will enable themed learning to emerge that will also need to be incorporated into improvement plans to reduce avoidable or premature deaths for this group of people within our local communities.

Legal, Financial and HR Implications

10. None apparent

Privacy Impact Assessment

11. Not applicable

Equality and Diversity Implications

The Learning Disability and Autism work programme aims to reduce discrimination and advance equality of opportunity and outcomes for and with people with a learning Disability or Autism. All commissioning decisions for service change that are informed by the outcomes of the LeDeR programme will be subject to a full Equality Impact Assessment.

Contact Points

County Council Contact Points

County Council: 01905 763763

Worcestershire Hub: 01905 765765

Specific Contact Points for this report

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Supporting Information

- Appendix One - Herefordshire and Worcestershire Learning from Lives and Deaths- People with Learning Disability and Autistic People (HW LeDeR) Annual Report 2021/22